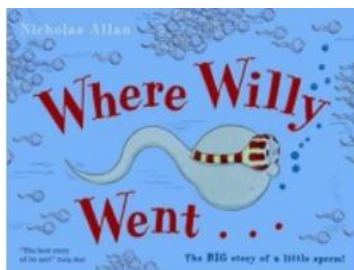




PSHE (including RSE) YEAR 6 Knowledge Organiser

Summer 2- Growing and Changing

Lessons		Planned Experiences	Vocabulary
SCARF	I look great!	Look at manipulated images/ photo's of celebrities. I am great activity- Help to make other people feel good about themselves by sharing what they like about way that people is the and the way they look.	Manipulated, changed, social media
SCARF	Media Manipulation	Watch the Dove Confident Me, Evolution clip and discuss how they feel about the way media plays around with the images. Challenge it! Work in groups to organise a Challenge Gender Stereotyping event. Emphasise that what we see in the media is not always as it seems and this can influence us to feel a certain way.	Gender stereotyping
SCARF	Pressure online	Watch the NSPCC film Lucy and the boy to support discussion around the consequences of sharing photographs online and what to do if they feel under pressure. Review the NSPCC Underwear rules.	Uncomfortable, unsafe, pressure, online.
	Helpful or unhelpful Managing change	Helpful or unhelpful? Read Sophie's story the discuss her feelings and anxieties when she overhears her family talking about a house move.	Helpful, unhelpful.
SCARF	Making babies *Right to withdraw from reproduction and conception activity.	Nurse visit Changes that take place during puberty (Females: Periods start/ eggs released and hips widen, Males: Sperm produced and erections/wet dreams). What healthy relationships are. Families are all different. *The process of reproduction and consent. *Conception-Explain that most babies are created when a man and woman have sexual intercourse. Emphasise that this usually happens when they are in a loving relationship and agree to make a baby. Watch 'Human Reproduction animation' which shows this process very simply. It covers very basic intercourse, conception, implantation, pregnancy and birth. Identify other options for making babies or becoming parents- adoption, surrogacy, IVF. Share legal age of consent for sexual intercourse (16 years old).	Intercourse, penis, vagina, egg, sperm, fertilise, implant, womb, embryo, pregnancy, birth.



Key Facts and Learning Outcomes

- Understand that fame can be short lived.
- Recognise that photos can be changed to match society's view of perfection.
- Identify qualities that people have as well as their looks.
- Understand what is meant by the word stereotype.
- Recognise how the media can reinforce gender stereo types.
- Understand the risks of sharing images online and how they are hard to control, once shared.
- Understand that people can feel pressured to behave in certain ways because of influence of a peer group.
- Recognise some of the changes they have experiences and their emotional responses to those changes.
- Suggest positive strategies for dealing with change.
- Identify the changes that happen through puberty to allow sexual reproduction to occur.
- Know a variety of ways in which the sperm can fertilise the egg to create a baby.
- Talk about puberty and reproduction with confidence.
- Know the legal age of consent and what it means.

What questions might I be asked?

- How did you feel about puberty?
- Who did you talk to about puberty?
- How old were when you started puberty?
- Will my voice get deeper?
- When did your voice get deeper?
- Will I have mood swings during puberty?
- Did you have mood swings during puberty?
- Will I fall in love?
- When did you first fall in love?
- What happens when people break up?
- What does sex mean?
- How old do you have to be to have sex?
- Do you have to be in love to have sex?
- What's an erection?
- Was I born out of your/ mums vagina?

Useful Resources

- Respect! Consent, Boundaries and Being in Charge of You by Rachel Brian
- Where Willy Went by Nicholas Allan
- Let's Talk About Where Babies Come From by Robie Harris
- How did I begin by Mick Manning
- The Puberty Book
- Lara's First Period BBC film (Available on You Tube)
- The Period Book: A Girl's Guide to Growing Up by Karen Gravelle
- The Body Image Book for Girls: Love Yourself and Grow Up Fearless by Charlotte Markey
- Hair in Funny Places by Babette Cole
- What's Going on Down There? A Boy's Guide to Growing Up by Karen Gracelle
- NSPCC Lucy and the boy film- https://www.youtube.com/watch?v=DY-D_tebNXs
- NSPCC Underwear Rule- <https://www.staffsscb.org.uk/wp-content/uploads/2020/04/NSPCCunderwearruleguideforparents.pdf>